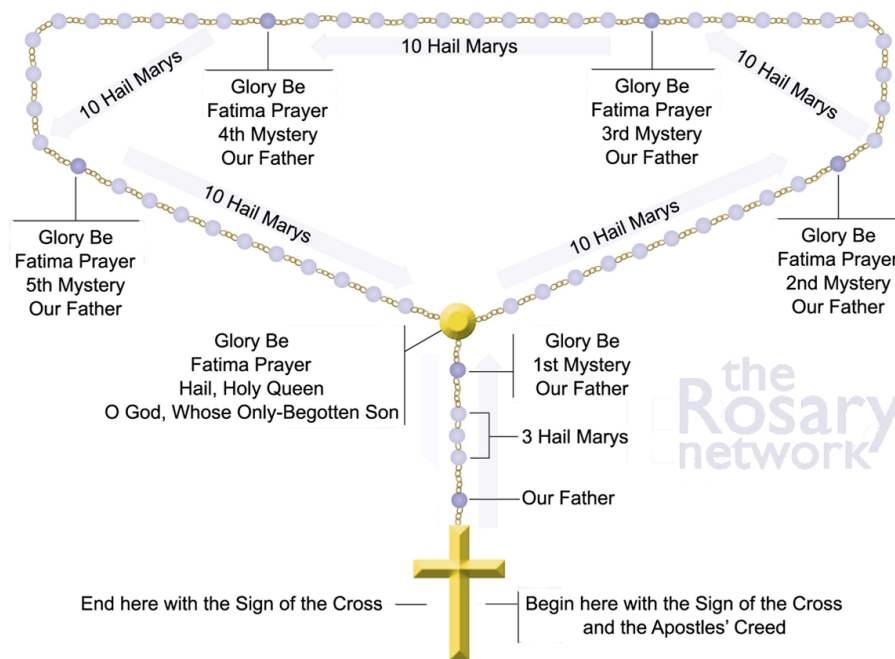


How to Pray the Holy Rosary

The Rosary is a Scripture-based prayer. It begins with the Apostles' Creed, which summarizes the great mysteries of the Catholic faith. The Our Father, which introduces each mystery, is from the Gospels. The first part of the Hail Mary is the angel's words announcing Christ's birth and Elizabeth's greeting to Mary. St. Pius V officially added the second part of the Hail Mary.

There are four sets of Mysteries: Joyful, Sorrowful, Glorious and—added by Saint John Paul II in 2002—the Luminous. Each decade is a set of ten Hail Marys that represents an event in the life of Jesus and his mother.

Picture and meditate upon these mysteries. The repetition in the Rosary is meant to lead one into restful and contemplative prayer related to each Mystery.



The sign of the Cross

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Our Father

Our Father, Who art in heaven, Hallowed be Thy Name.
Thy Kingdom come. Thy Will be done, on earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee;
Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners, now and at the hour of death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. (1,3,5 Mysteries)
As it was in the beginning, is now, and ever shall be, world without end. Amen.

Apostle's Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, sits at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those most in need of Thy mercy.

Hail, Holy Queen

Hail! Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send our signs, mourning and weeping in this valley of tears. Turn then, O most gracious advocate, your eyes of mercy toward us; and after this our exile show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

Let Us Pray

O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life. Grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

The Joyful Mysteries (Monday and Saturday)

The Annunciation
Luke 1:26-38

The Visitation
Luke 1:36, 39-56

The Nativity
Luke 2:1-20
Matt. 2:11

The Presentation
Luke 2:21-39

The Finding of Jesus
Luke 2:41-52

The Sorrowful Mysteries (Tuesday and Friday)

The Agony in the Garden
Mark 14:32-42
Matt. 26:36-41
Luke 22:42-44

The Scouring at the Pillar
John 18:36-37-19:1
Mark 15:1-2
Luke 23:4, 16
Isa. 53:4-8

The Crowning with Thorns
John 18:33-37
Mark 15:2, 16-20
Matt. 27:29
John 19:16

The Carrying of the Cross
Luke 9:20-32
John 19:17
Matt. 11:29-30

The Crucifixion
Matt. 27:33-54
John 20:24-29
Luke 23:33-34
Luke 23:39-46

The Glorious Mysteries (Wednesday and Sunday)

The Resurrection
Luke 24:13-48
John 20:10-20
1 Cor 15:3-8
1 Pet 3:18-20
Matt. 28:2-8
Mark 16:6
John 11:25-26

The Ascension
Matt. 28:18-20
Luke 24:50-52
Mark 16:16-19
Acts 1:1-11

The Descent of the Holy Spirit
Acts 1:12-14; 2:1-42
Ps. 103:30

The Assumption
Rev. 11:19-12:1
Judith 13:23-31
Judith 15:10
Ps. 44:11-14
Ps. 97:1

The Coronation
Rev 12:1-5
Cant. 6:10
Sir. 50:8-9
Sir. 24:24-27
Prov. 8:32-35

The Luminous Mysteries (Thursday)

The Baptism of Our Lord
Matt. 3:1-17

The Wedding Feast at Cana
John 2:1-11

The Proclamation of the Kingdom
Matt 4:17; 5:3-12
Matt 5:10
Matt 5:20
Mark 1:14-15
John 3:5
Matt 13:45-46
Matt 18:3
Mark 10:24
Luke 4:43
John 18:36

The Transfiguration
Matt 17:1-8
Luke 9:32
Mark 9:8

The Introduction of the Eucharist
Matt 26:26-28
John 6:27-35, 47-59/Matt 26:27
Luke 22:19
Mark 14:24
1 Cor 11:25-26